

Association of Christian Counselors

www.aacc.net
800 526 8673
Monday-Friday 8:30 AM - 7:00 PM ET

Focus on the Family

www.focusonthefamily.com
1-855-771-HELP (4357)
Mon - Fri: 6am - 8pm (Mountain Time)

Adult/Child Protective Services

Assistance for adults/children victims of physical or mental abuse
2501 W. Maple, McAllen
956-682-1301

Mujeres Unidas

Shelter and counseling for battered women
511 N. Cynthia, McAllen
956 6300 4878

Hidalgo County Community Service Agency

Utility payment and rent help
2524 N. Closner, Edinburg
956 383 6240

Hidalgo County Health Dept.

Family planning, vaccines, programs for adolescents
1304 S. 25th Edinburg
956 383 6221

Hidalgo County Human Services Dept.

Help for medical services and funerals
2101 N. Moorefield, Mission
956 581 8596

Catholic Social Services

Rent, utilities and temporary lodging
700 N Virgen de San Juan Blvd, San Juan
956 702 4088

Area Agency on Aging

Medical aid and transportation for elderly
311 N. 15th St, McAllen
956 682 3481

Advocacy Resource Center for Housing

Help with disputes between homeowners and renters
314 S. Closner, Edinburg
956 393 6260

Salvation Army

Rent, temp-shelter, clothes, food and more
1600 N 23rd St, McAllen
956 682 1468

Food Bank RGV

Food and emergency
2601 Zinnia, McAllen
956 682 8101

Hidalgo County Urban County Program

Help for house buyers and repairs
1916 Tesoro Blvd, Pharr
956 787 8127

Valley Association for Independent Living

Training for young & adults to live independently
3012 N. McColl, McAllen
956 668 8245

St. Martin De Porres

Food & clothes
Mon-Fri 9am-11am
901 N Texas Blvd
956 682 1481

St. Joan of Arc

Help with utilities
Mondays 9am-5pm
109 S Illinois Ave
956 968 3670

First Baptist Church

Food, utilities

Mon-Fri 9:30am - 12pm &

1:30pm - 6pm

600 S Kansas Ave

956 968 9585

Diocese of Brownsville Immigration Services

Legal help & counseling

Call to Schedule

956 784 5057

For wounded warriors

www.ndr.gov

Veterans Crisis Line

www.veteranscrisisline.net

800 273 8255 press 1

Call Center for Homeless Veterans

1 877 424 3838

Rape, Abuse and Incest National Network (RAINN)

www.rainn.org

800 656 4673

National Domestic Violence Hotline

www.thehotline.org

800 799 7233

National Child Abuse Hotline

www.childhelp.com

800 422 4453

F.E.M.A.

www.disasterassistance.gov

1 800 621 3362

American Red Cross www.redcross.org

Shelter: (1 800 733 2767)

Food: 1 866 526 8300 option 3

Poison Control Center

www.poison.org

1 800 222 1222

Attorney General Civil Rights Division

202 514 4609

FREE COUNSELING SERVICES**Methodist Healthcare Ministries:**

Jennifer Garza 956-432-4673

Abundant Grace Church:

Dr. Brian Dutremaine 956-381-4394

Palmer Drug Abuse Program:

687-7714

UTRGV Counseling Center:

665-2574

Local Mental Health Resources

NAMI RGV: 956-651-2000

Rio Grande State Center: 956-364-8000

Tropical: 956-289-7000

MCOT: Crisis Hotline 877-289-7199

Palms Behavioral Hospital:

956-365-2600

Behavioral Hospital at Renaissance:

956-362-4357

South Texas Behavioral : 888-977-1400

Behavioral Health Solutions of South Texas:

956-787-7111

Suicide Prevention Hotline - **1 800 273 8255** Español: **888 628 9454** or text "home" to **741741**